

05 / ON THE SIDE OR AS A MAIN

Vegetable Dishes

- Vegetarian sides.**
All available as main courses for £9.95.
- 74

Chana Masala

Spiced chickpeas.

V

£5.95
- 75

Brinjal Bhajee

Aubergine, tomato, onion, garlic and coriander in a medium-spiced sauce.

V

£5.95
- 76

Dhingri Sag

Mushrooms in creamed spinach with garlic and cumin.

V

£5.95
- 77

Gobi

Cauliflower with onions and sesame seeds.

🌶️ V

£5.95
- 78

Dubkiwale Aloo

Potatoes with onion, tomato, cumin and chilli.

🌶️🌶️ V

£5.95
- 79

Mushroom Bhajee

Mushrooms with onion, tomato and mixed spices.

V

£5.95
- 80

Sag Bhajee

Gently cooked spinach with onion and garlic.

V

£5.95
- 81

Vegetable Curry

Fresh mixed vegetables in a spicy sauce.

V

£5.95
- 82

Sag Paneer

Spinach, homemade cheese, onion, garlic and spices.

🌶️ V

£6.95
- 83

Garlic Mushroom

Mushrooms, onion and coriander in spicy garlic sauce.

V

£5.95
- 84

Okra Bhajee

Fresh okra with mixed spices.

V

£5.95
- 85

Sag Aloo

Spinach and potatoes with herbs and spices.

V

£5.95
- 86

Tarka Dall

Lentils with fresh garlic and spices.

V

£5.95
- 87

Subz Kaju Thoran

Vegetables, cashews, coconut, mustard seeds and chilli.

🌶️ V N

£6.95
- 88

Onion Bhajee (4 pieces)

Deep-fried onion fritters with gram flour, coriander and spices.

V

£5.95
- 89

Aloo Gobi

Potatoes and cauliflower with herbs and spices.

🌶️ V

£5.95
- 90

Bombay Potatoes

Potatoes cooked with mixed spices.

V

£5.95

MENU SYMBOLS

Mild ● Medium 🌶️ Hot 🌶️🌶️ Very hot 🌶️🌶️🌶️

🌿 Vegetarian 🍌 Contains cashews

No symbol? Please ask our staff about the spice level.

06 / COMPLETE YOUR MEAL

Rice & Extras

- 91

Plain Boiled Rice

£3.95
- 92

Pulao Rice

Basmati rice.

£4.25
- 93

Lemon Rice

With lemon, mustard seeds and curry leaves.

£4.95
- 94

Mushroom Fried Rice

£4.95
- 95

Special Fried Rice

With egg and peas.

£4.95
- 96

Peas Pulao Rice

£4.95
- 97

Peshwari Rice

With raisins, onion and coconut.

£4.95
- 98

Chilli Rice

With fresh chilli and onion.

🌶️🌶️

£4.95
- 99

Raitha

Choose cucumber or onion.

£2.95
- 100

Chutney and Pickle

Per portion.

£0.75

Nan & Breads

- 101

Plain Nan

Leavened bread cooked in a clay oven.

£3.75
- 102

Stuffed Nan

Filled with mixed vegetables.

🌿

£4.45
- 103

Garlic Nan

With fresh garlic.

£4.45
- 104

Peshwari Nan

Filled with sultanas and coconut.

£4.45
- 105

Lemon Nan

With fresh lemon pieces.

£4.45
- 106

Keema Nan

Filled with minced meat.

£4.45
- 107

Chapati

Thin flatbread made with wheat flour.

£2.95
- 108

Paratha

Layered, buttered bread.

£4.95
- 109

Cheese Nan

£5.95

ALLERGIES & INTOLERANCES

Some dishes may contain cereals containing gluten, milk, soya, eggs, fish, lupin, celery, peanuts, tree nuts, sesame, mustard, sulphites, molluscs and crustaceans.

Fish dishes may contain bones. **Please speak to a member of staff when ordering if you have an allergy.**

COLLECTION OFFER

10%
Discount

On all takeaway orders over £25,
collection only.

Not in conjunction with any other offers.

Home Delivery Available

Subject to availability, please check when ordering.
Delivery charge may apply.

01892 662 252
01892 653 183

Order online:
www.roseofbengal.uk

Opening Hours

Please check our website for current opening
hours.

2-3 Crowborough Hill,
Crowborough, East Sussex
TN6 1DG

We also have extensive vegan and vegetarian
options, please enquire when ordering.

Thank you for your support

AUTHENTIC FLAVOURS
TIMELESS TRADITION

CROWBOROUGH
SINCE 1982

The
ROSE
of BENGAL
FINE INDIAN CUISINE

Takeaway Menu

Freshly prepared.
Ready to share.

01 / TO BEGIN

Starters

A little something to start your meal.

- 01

Papadom

Crisp Indian wafer.

£0.85
- 02

Spiced Papadom

Spiced Indian crisp.

£0.85
- 03

Onion Bhajee (2 pieces)

Lightly spiced onion fritters.

£3.95
- 04

Meat or Vegetable Samosa (2 pieces)

Choose a meat or vegetable filling.

£4.45
- 05

Chicken or Lamb Tikka

£5.95 / £6.95
- 06

Sheek Kabab Gilafi (Lamb)

Clay-oven kebab with minced lamb, coriander, herbs and spices.

£5.95
- 07

Maysoor Chilli Chicken

Shredded chicken, chilli, tomato, onion, cucumber and South Indian spices.

£6.95
- 08

Mixed Starter

Chicken, lamb and duck tikka with sheek kebab, onion bhajee and salad.

£8.95
- 09

Tandoori Chicken (Quarter)

Marinated in yoghurt, herbs and spices.

£5.95
- 10

Chicken Chat

Small pieces of spiced chicken.

£5.95
- 11

Bombay Aloo Chat

Potato in a sweet, hot and tangy sauce.

£4.45
- 12

Prawn Puri

Tangy prawn curry in puri bread.

£7.45
- 13

King Prawn Puri

Tangy king prawn curry in puri bread.

£8.95
- 14

Maysoor Chilli King Prawn

Tiger prawn, onion, green chilli, tomato, lemon and South Indian spices.

£8.95
- 15

Fish Amritsari

Deep-fried fish marinated in the chef's spices.

£6.45
- 16

Duck Tikka

Marinated in tandoori spices and cooked in the tandoor.

£6.95
- 17

Nazakat

Chicken or lamb, tandoor-grilled with a garlic glaze.

£7.45
- 18

Golda Sukka

King prawn, onion, peppers and chillies in sweet, hot, tangy tamarind sauce.

£8.95

02 / FROM THE CLAY OVEN

Tandoor & Grill

Mains marinated with herbs and spices, cooked in the tandoor.

- 19

Tandoori Chicken

Chicken on the bone with yoghurt, herbs and spices.

£10.95
- 20

Chicken Tikka

Boneless chicken skewers in mildly spiced yoghurt.

£10.95
- 21

Lamb Tikka

Boneless lamb skewers in mildly spiced yoghurt.

£11.95
- 22

Chicken or Lamb Shaslik

Chicken or lamb skewers with onion, peppers and tomatoes.

£12.95 / £13.95
- 23

Maas Ka Soola

Rajasthani-style lamb in a spicy garlic marinade.

£12.95
- 24

Tandoori Mixed Grill

Chicken and lamb tikka, tandoori chicken and sheek kebab. Served with plain nan.

£15.95
- 25

King Prawn Kebab

King prawns with garlic, tandoori spices and carom seeds.

£15.95
- 26

Duck Shaslik

Duck skewers with onion, peppers and tomatoes.

£13.95
- 27

Mixed Shaslik

Chicken, lamb and one king prawn with onion, peppers and tomatoes.

£16.95
- 28

Chingri-E-Bahar

Tandoori king prawns, Goan masala, peppers, tomato, onion, green chilli and pineapple.

£19.95

Balti Specialities

Includes plain nan. Wok-cooked with herbs and spices.

- 29

Vegetable Balti

£11.95
- 30

Balti Bengal Chicken or Lamb

£13.95
- 31

Balti Chilli Chicken Masala

£13.95
- 32

Garlic Chilli Chicken Balti

£13.95
- 33

Chicken or Lamb Tikka Balti

£12.95 / £13.95
- 34

Chicken or Lamb Balti

£12.95 / £13.95
- 35

Prawn Balti

£13.95
- 36

Tandoori King Prawn Balti

£16.95
- 37

King Prawn Balti

£15.95

Balti Chilli Chicken Masala contains coconut.

TRADITIONAL RECIPES

FRESH INGREDIENTS • EXCEPTIONAL TASTE

03 / CHOOSE BY FLAVOUR

House Specialities

Choose your dish and your main ingredient. These prices apply to dishes 38-52.

Chicken Tikka	£11.95
Lamb Tikka or Duck Tikka	£12.95
Prawn	£13.95
King Prawn	£14.95
Tandoori King Prawn	£15.95

MILD & CREAMY

- 38

Makhani

Sweet cream sauce with garlic, tomato and cashews.
- 39

Lazeez Korma

Mild, silky cashew sauce with aromatic spices.
- 40

Amere

Mango, onion, garlic, coriander, spices, coconut and fresh cream.
- 41

Exotica

Rich mango sauce with coconut.
- 42

Masala

Specially prepared masala sauce.
- 43

Pasanda

Cream and coconut-based sauce.

AROMATIC & SPICY

- 44

Lahori Korai

Spicy Lahori sauce with onions and peppers.
- 45

Xacuti

Roasted coconut, star anise, mustard and coriander sauce.
- 46

Garlic

Garlic, tomato, herbs and spices.
- 47

Chettinad

Ground coconut, curry leaves, star anise, mustard and coriander.
- 48

Rajothi

Bhuna sauce with onion, peppers and green chilli, topped with mushrooms.
- 49

Satkora

Pickled satkora (Indian lime) in aromatic bhuna sauce.
- 50

Sarse

Ginger, onion, coriander and mustard seeds.
- 51

Green Bengal

Green pepper, mint, coriander, green chilli, spices and lime juice.
- 52

Naga

A very hot, medium-dry Naga chilli curry.

FISH & LAMB SIGNATURES

Individually priced.

- 53

Hyderabadi Lamb Shank

Traditional Hyderabadi-style lamb.

£16.95
- 54

Kashmiri Lamb Rogan Josh

Lamb braised with Kashmiri spices and chilli.

£12.95
- 55

Goan Fish Curry

Fish with Goan spices and coconut milk.

£12.95
- 56

Tawa Tilapia

Fish seared with ginger and garlic.

£13.95

04 / YOUR CURRY, YOUR CHOICE

Classic Curries

1 / CHOOSE YOUR MAIN INGREDIENT

Chicken	£10.45
Lamb	£11.45
Chicken Tikka	£11.45
Lamb Tikka	£11.95
Prawn	£12.95
King Prawn	£14.95
Tandoori King Prawn	£15.95

2 / CHOOSE YOUR CURRY STYLE

MILD & CREAMY

- 57

Korma

Very mild coconut and cream sauce.

MEDIUM & SAVOURY

- 58

Bhuna

Thick, fairly dry sauce with onions, herbs and spices.
- 59

Dupiaza

Plenty of fresh onions, herbs and spices.
- 60

Rogan

Tomatoes and onions fried in spiced oil.

HOT & FULL-FLAVOURED

- 61

Bombay

Egg and potatoes in a hot, spicy sauce.
- 62

Madras

Rich, hot and spicy sauce.
- 63

Jalfrezi

Ginger, garlic, fried onions, green chillies and peppers.
- 64

Dhansak

Hot, sweet and sour sauce with lentils and herbs.
- 65

Pathia

Hot, sweet and sour sauce.

VERY HOT

- 66

Vindaloo

Potatoes in a richly spiced, very hot sauce.

Biriyanis

Served with vegetable sauce. Contains raisins.

- 67

Chicken or Lamb Biriyani

£11.95 / £12.95
- 68

Chicken or Lamb Tikka Biriyani

£12.95 / £13.95
- 69

Prawn Biriyani

£13.95
- 70

King Prawn Biriyani

£14.95
- 71

Vegetable Biriyani

£10.95
- 72

Mushroom Biriyani

£10.95
- 73

Rose of Bengal Biriyani Supreme

£15.95

Flavours
from the Heart of Bengal